PSYCHIATRIC HEALTH & WELLNESS, LLC JILL ADAMS MSN, ANP, PMHNP-BC P.O. Box 984 Chesterton, IN 46304

PH: 219-395-9500 Fax: 219-315-0255

TELEMEDICINE AND PRESCRIBING

Dear Health Care Provider,

The following patient is currently seeking new patient services at Psychiatric Health & Wellness that will be conducted via Telemedicine.

Under the new Telemedicine law health care providers may prescribe controlled substances via Telemedicine without an in-person exam if the following conditions are met:

- A The prescription is not for an opioid (no opioids will be prescribed from this office)
- B The prescriber maintains a valid controlled substance registration
- C The prescriber meets the conditions set forth in the federal Ryan Haight Act
- D The patient has been examined *in person* by a licensed health care provider and the health care provider has established a treatment plan to assist the prescriber in the diagnosis of the patient
- E The prescriber has reviewed and approved that treatment plan and is prescribing for the patient pursuant of that treatment plan
- F The prescriber complies with the INSPECT prescription drug monitoring program
- G The prescription for a controlled substance is prescribed and dispensed in accordance with state law.

While some states removed its prior blanket ban on Telemedicine of prescribing controlled substances, it still requires a patient to undergo an *in-person* exam conducted by a licensed health care provider, although not necessarily by the prescriber himself/herself.

<u>NOTE</u>: Common controlled substances prescribed from this office are Schedule 2 drugs for ADHD/ADD (Vyvanse, Adderall) and Schedule 4 drugs (Klonopin, Xanax) and are closely monitored. Every patient is required to sign a medication agreement and is subject to random drug testing.

I certify I have conducted an in-person exam on the following patient (please print clearly):

Patient First Name	Middle Initial	Last Name	Date of Exam	
Physician/Nurse Prac	titioner (Print) :			
Physician/Nurse Prac	titioner (Signature):			
Office Address (city,	state & zip code):			
Office Phone:	Office Fax:	State Li	icense number	

**(Please fax a brief treatment plan and H&P to 219-315-0255)

Thank You